

# The Minimum Value (MV) Group Health Plan

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2018 – 12/31/2018

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.freedomcarebenefits.com](http://www.freedomcarebenefits.com) or by calling 1-800-589-6383.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<b>\$ 7,150.00</b> Per Covered Person <b>\$ 14,300.00</b> Maximum Per Family	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your plan document to see when the deductible starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible.
Are there other <u>deductibles</u> for specific services?	No. There are no other specific deductibles.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	<b>\$ 7,150.00</b> Per Covered Person <b>\$ 14,300.00</b> Maximum Per Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Penalties for failure to obtain prior authorization, premiums, balance-billed charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. See <a href="http://www.redrockmanagementservices.com">www.redrockmanagementservices.com</a> or call 1-844-657-1575 for a list of participating providers.	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network. See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No.	You can see the specialist you choose without permission from this Plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your plan document for additional information about excluded services.

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- Your cost sharing does not depend on whether a provider is in a network.

Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out of Network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$0 Copayment per visit. 0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Specialist visit	\$0 Copayment per visit. 0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Other practitioner office visit	\$0 Copayment per visit. 0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Preventive care/screening/immunization	No Cost.	Not Covered.	None.
If you have a test	Diagnostic test (x-ray, blood work)	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Imaging (CT/PET scans, MRIs)	0% Coinsurance after Deductible has been met.	Not Covered.	None.

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<b>If you need drugs to treat your illness or condition</b> More information about <u>prescription drug coverage</u> is available at <a href="http://www.caremark.com">www.caremark.com</a> .	Generic drugs	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Diabetic Insulin	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Brand Name and Specialty drugs	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Preventive drugs	No Cost.	Not Covered.	None.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Physician/surgeon fees	0% Coinsurance after Deductible has been met.	Not Covered.	None.
<b>If you need immediate medical attention</b>	Emergency room services	For medical emergency only: 0% Coinsurance after Deductible has been met.		Non-emergency medical care is not covered.
	Emergency medical transportation	0% Coinsurance after Deductible has been met.		None.
	Urgent care	0% Coinsurance after Deductible has been met.	Not Covered.	None.
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Physician/surgeon fee	0% Coinsurance after Deductible has been met.	Not Covered.	None.
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Mental/Behavioral health inpatient services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Substance use disorder outpatient services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Substance use disorder inpatient services	0% Coinsurance after Deductible has been met.	Not Covered.	None.

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If you are pregnant	Prenatal and postnatal care	0% Coinsurance after Deductible has been met.	Not Covered.	Complications of pregnancy are covered. Prenatal office visits, certain prenatal blood tests, and prenatal tobacco cessation counseling may be covered under Preventive Care.
	Delivery and all inpatient services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
If you have mental health, behavioral health, or substance abuse needs If you need help recovering or have other special health needs	Home health care	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Rehabilitation services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Habilitation services	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Skilled nursing care	0% Coinsurance after Deductible has been met.	Not Covered.	None.
If you need help recovering or have other special health needs	Durable medical equipment	0% Coinsurance after Deductible has been met.	Not Covered.	None.
	Hospice service	0% Coinsurance after Deductible has been met.	Not Covered	None.
If your child needs dental or eye care	Eye exam		Not Covered.	No Coverage.
	Glasses		Not Covered.	No Coverage.
	Dental check-up		Not Covered.	No Coverage.

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**Excluded Services & Other Covered Services:**

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other excluded services.)

- |   |                         |                     |
|---|-------------------------|---------------------|
| • Acupuncture                                   | • Cosmetic Surgery      | • Dental Care       |
| • Hearing Aids                                  | • Infertility Treatment | • Naturopathic Care |
| • Non Emergency Care when travelling outside US | • Routine Eye Care      | • Routine Foot Care |
| • Weight Loss Programs                          |                         |                     |

**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- |                             |                                      |                     |
|-----------------------------|--------------------------------------|---------------------|
| • Abortion                  | • Bariatric Surgery                  | • Chiropractic Care |
| • Dialysis                  | • Mental & Substance Abuse Treatment | • Organ Transplant  |
| • Private Duty Nursing Care |                                      |                     |

**Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-589-6383. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877- 267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

**Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: 1-844-657-1575 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

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### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan does provide minimum essential coverage.**

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-589-6383

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-589-6383.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-589-6383.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-589-6383.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers:** \$7,540
- **Plan pays \$** 390
- **Patient pays \$** 7,150

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$ 7,150
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$7,150</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers:** \$5,400
- **Plan pays \$** 100
- **Patient pays \$** 5,300

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$5,300
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$5,300</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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